

Hurricane Supply Inventory List

Non-perishable food and supplies

You should have at least a 3-day supply of non-perishable food items for all members of your household, such as ready-to-eat canned foods, granola bars, and peanut butter. Many canned items now come with pull tabs, but you should also have a non-electric can opener handy. Consider stocking up on comfort foods, too. Also, while not environmentally friendly, items such as paper plates, paper napkins, and plastic utensils can make your life easier if you are without electricity and/or potable water.

Drinking water supplies

Experts suggest that you have two quarts (half gallon) of water each day per person in your household. People in hot environments, children, nursing mothers, and ill people will require more water. Visit the Federal Emergency Management Agency (FEMA) website for guidance on preparing food and water in an emergency at <https://www.fema.gov/pdf/library/f&web.pdf>

Visit the Centers for Disease Control and Prevention (CDC) website for steps to create and store an emergency water supply at <https://www.cdc.gov/healthywater/emergency/creating-storing-emergency-water-supply.html>

Visit <https://www.cdc.gov/healthywater/emergency/making-water-safe.html> to learn how to make water safe in an emergency (including clear safety instructions on boiling, disinfecting, filtering, distilling, and other methods). Add these instructions to your Hurricane Plan binder or folder on your computer.

Flashlights and batteries

Check that you have at least one flashlight per person in your household. Make sure that you have enough working batteries for each flashlight.

First aid kit

Print this "Adult First Aid/CPR/AED" document to put in your Hurricane Plan binder or folder on your computer: https://www.redcross.org/content/dam/redcross/Health-Safety-Services/Adult_RRC.pdf

Then visit <https://lnkd.in/eicHaRv> to get a list of suggested items for a first aid kit and tailor the list to fit your household's needs so that you are prepared for any unexpected emergencies. Add the items to your Hurricane Supply List.

COVID-19 supplies

Learn how to safely prepare, evacuate, and shelter for hurricane season during the COVID-19 pandemic. Visit the CDC website at <https://www.cdc.gov/disasters/hurricanes/covid-19/prepare-for-hurricane.html> for advice from public health and emergency response professionals on Covid-19 supplies to include on your Hurricane Supply List.

Supplies to have fun and pass the time

Stock up on items to pass the time and entertain yourself and any children in your household during a storm. Be prepared in case you are inside your home for hours on end with shuttered windows and no electricity. Think about the personalities, hobbies, and special interests of your household members

when you prepare these supplies. Perhaps your "Fun Kit" will be stocked with games, books, magazines, arts and crafts supplies, and fitness equipment suitable for indoors (jump ropes, hula hoops, foam balls). Also include a flashlight(s) and/or lantern(s) to see what you are doing if the power is out! Look up suggestions for indoor games and activities to do with kids now so that you will be prepared if you need to shelter in place.